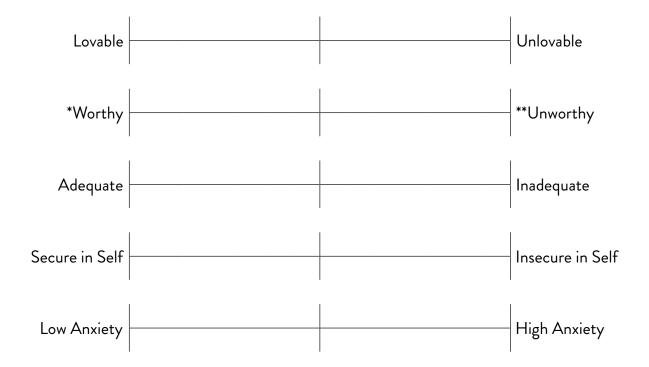
## CHAPTER 1



(Anxious Attachment Style)

- \* Worthy: sound, strong, acceptable
- \*\* Unworthy: flawed, inferior, weak, unacceptable

Figure 1.1 Assessing Your Model of Self