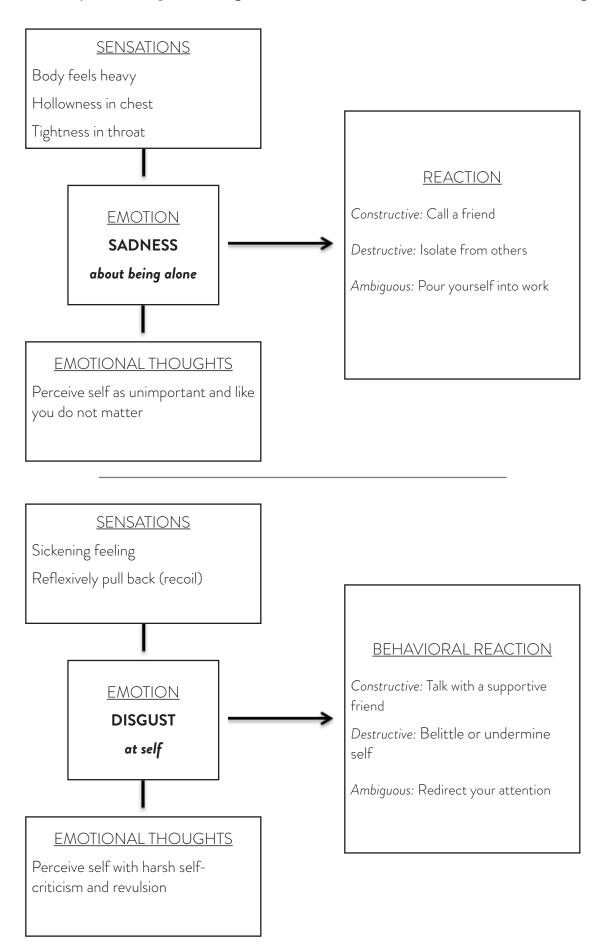


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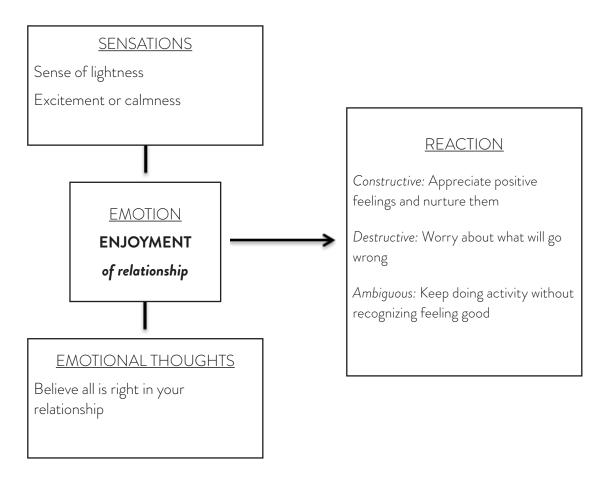


Figure 6.1 Diagrams of Emotions with Constructive, Destructive, and Ambiguous Responses (based on Paul Ekman's timeline of emotions, found on www.atlasofemotions.org)